



Breastfeeding Support: A Community Clinic Model

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Background

- Eisner Health: Federal Qualified Health Center FQHC
- Midwife/Physician Panel providing full scope pregnancy and birth care services
- High risk clinic and hospital partnership
- Comprehensive Perinatal Services Program (CPSP)
- Prenatal Education-Lactation Team integrated in the practice.

“Every infant and child has the right to good nutrition according to the -Convention on the Rights of the Child”. WHO



Prenatal Education and Support Outpatient Clinic

2013

- Training Pilot Medical Assistant CLE Certification
- Training and Pilot in Pediatrics part time
- Lactation Accommodation Policy
- On going prenatal Classes
- Initial Staff Training –Breastfeed LA /WIC program partners
- E.H.R. documentation identified

2018-2019

- CPSP Team expanded
- CPHWs Breastfeeding Education completed
- CLE FTE Hired
- Pediatric Breastfeeding Integration Pilot
- Milk Depot Partnership with SJMMB
- IBCLC FTE Hired for BF support expansion
- National Medical Fellowship Findings

2020-2022

- CPSP Electronic Medical Records Go Live
- Virtual Classes – Online RSVP launched
- Telehealth Lactation Support Go Live
- Warmline for Breastfeeding
- In Person-Lactation Support in Pediatric Department returned 2021
- Breast pump Closet re open

Comprehensive Perinatal Services Program (CPSP)

Case Management by CPHWs

Group Breastfeeding Classes

CLE, IBCLC Bilingual Facilitators

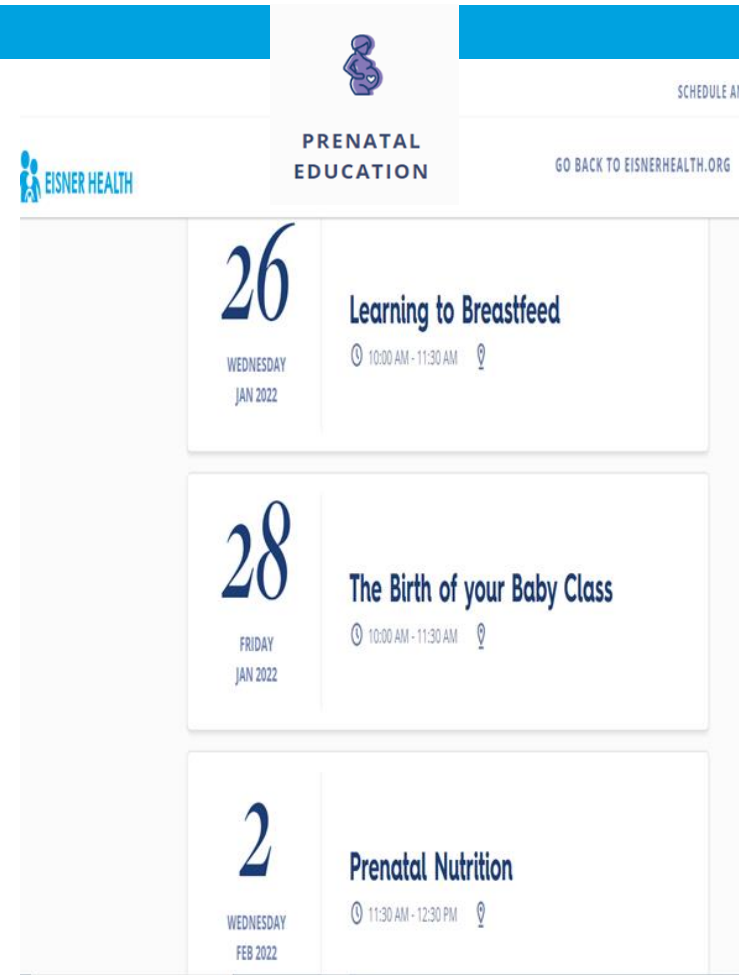
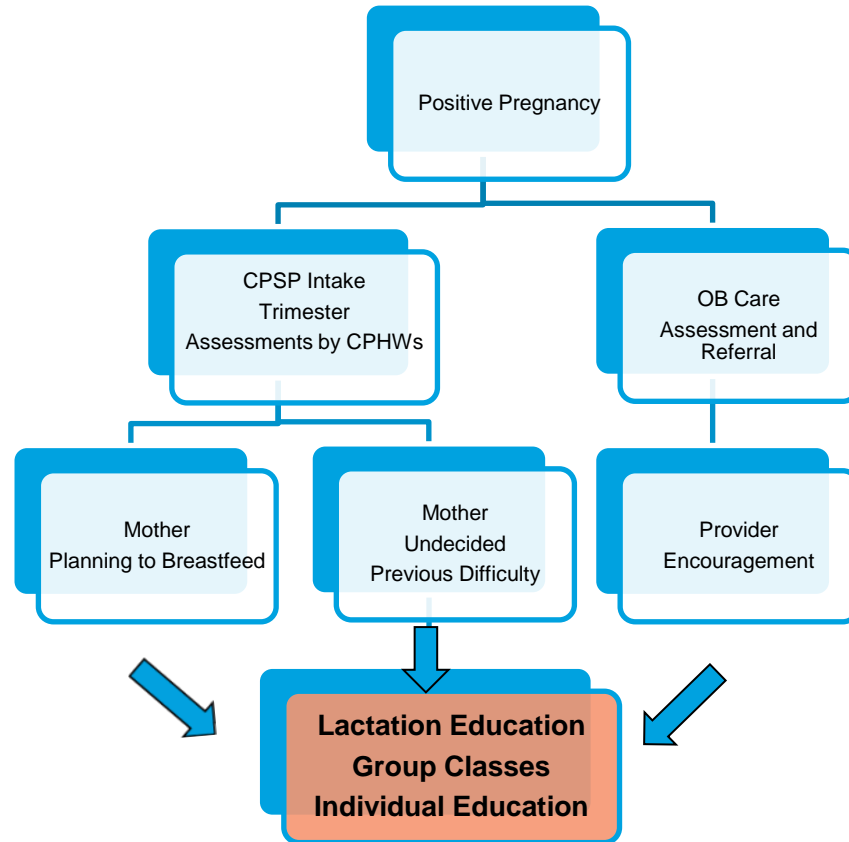
Individual Education

– Monday-Friday

OB GYN-Midwifery Care

*Pediatric –Newborn Visits transitioned to Women's Health Center due to COVID-19

Workflow Breastfeeding Education – 2019 -2022



Group and Individual Education via ZOOM and Video Calls using Doxy.me
<https://www.eisnerhealth.org/classes/>

Partnership with San Jose Mother's Milk Bank -2019

Milk Drive

Donor Milk Collection Event
Eisner Health - LA BreastMilk Depot



Your donated milk will help babies in need.

August 28, 2021, 10:00 am - 12:30 pm

We provide: Free breast milk bags and breastpump to donors.

Donors can drop off frozen milk at:
1500-1530 S. Olive Street, Los Angeles CA, 90015

More information on how to become a donor at eisnerhealth.org/events,
email us at prenatalEd@eisnerhealth.org or call us at (213) 747-5542, Ext. 3359



Prenatal Education for Mother and Partner/Support

1st Trimester

- Prenatal Nutrition
- Diabetes In Pregnancy

2nd Trimester

- Natural Childbirth Preparation
- VBAC, Hydrotherapy, Cesarean Birth
- Breastfeeding

3rd Trimester

- Daddy Boot Camp Program – Father Support
- Baby Shower – Family Leave/bonding
- Hospital Tours – Early anticipatory guidance

***Virtualized program due to COVID19**
Incentive Diaper Program by partnership



Integrated Lactation Support: Hybrid Model 2020-2022

Hospital Discharge Follow Up

Newborn & Postpartum Appointment

by Eisner Patient Outreach coordinators

Lactation Support Integrated in Pediatric Department

In Conjunction with Newborn Visit

Warmline Telehealth

Follow ups
Breast pump Closet
CLE/IBCLC

CLE Hospital Referrals
Premature births

Referrals by
OB/Midwife
Pediatrician
Case Manager
CPHWs

Community Support Shared among mothers:
WIC, CinnaMoms Black Groups
Home Visitation Program: Welcome Baby
Local Hospital partnership CLE/CLC Support Group
Doulas: Frontier Doulas/LA DPH AAIM
Black for Infant Babies



VIRTUAL MOMMY SUPPORT
FREE!!
Every Tuesday & Thursday 11am-12pm



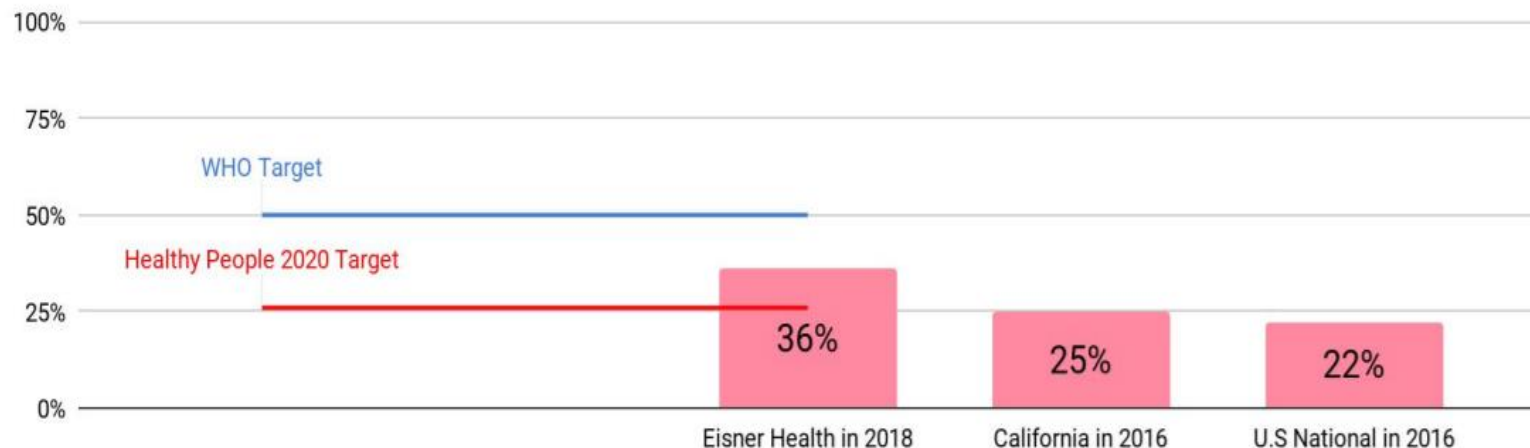
Topics Include:

Infant Feeding Questions Healthy Diet for Mom
Stages of Breastfeeding Starting Solid Foods Pumping Questions
Returning to Work/School and Breastfeeding

Exclusive Breastfeeding Rates in 2018



Eisner Exclusive Breastfeeding Rates at 6 Months Compared to National Metrics



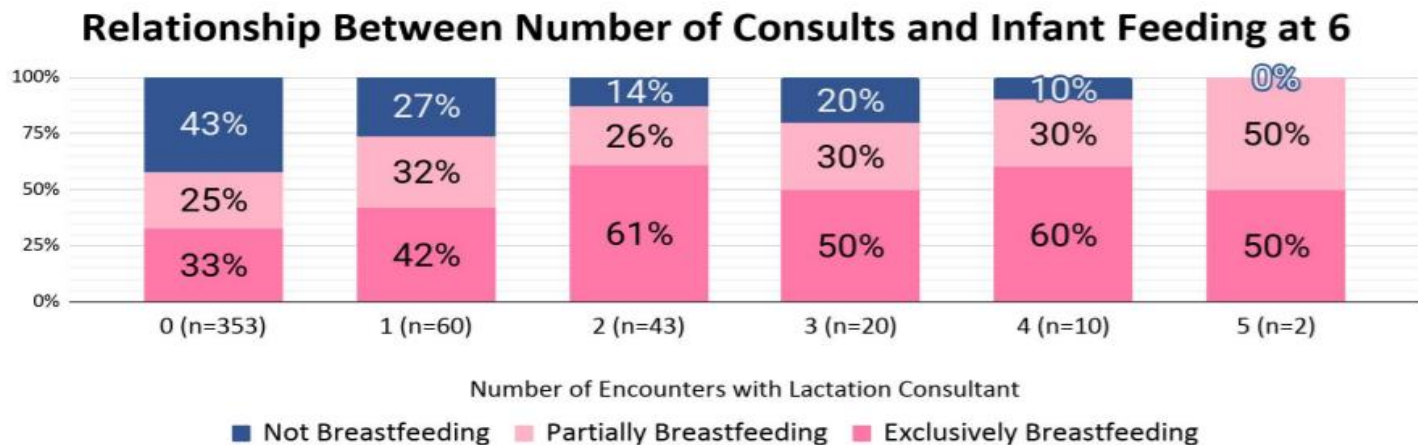
*We used nutrition information at the most recent visit before 7 months as a proxy for the 6 month visit. MA's do not always update nutrition information in the EHR if the mother indicates that feeding practices have not changed.

Breastfeeding Support Full Time



Results

- Infants that have had more encounters with the lactation consultant were **more likely** to be **breastfeeding** at the next visit



*We used nutrition information at the most recent visit before 7 months as a proxy for the 6 month visit. MA's do not always update nutrition information in the EHR if the mother indicates that feeding practices have not changed.

Patient Stories



A. Torres was a Young Parent advocate. Promoted Lactation Accommodation in public schools in California AB302. She was a patient speaker for World Breastfeeding Week Event Hosted at Eisner Health



Mrs. Pacas is the **First Eisner Health patient to become a human milk donor**. Spoke person at Milk Drive Event 2019 and 2021. Inspired by her birthing experience became a Health Promotora.



Breastfeed twin girls exclusively for 14 months.

“I was able to breastfeed because of the support I received.
E. Lara

The Future: Sustaining the Program

Comprehensive Perinatal Services Program CPSP

Billing opportunity for sustainability

Implement breastfeeding quarterly staff education

Maintain lactation support integrated in Pediatrics

Continue Telehealth Lactation

Generate awareness of Milk Depot for human milk donations

Standardize Patient Education at all sites

Monitor E.H.R. documentation of infant feeding

Outcome evaluation by end of 2022



Lactation Services

Eisner Health provides breastfeeding and nutrition counseling on the day of your baby's newborn appointment to give you the individual attention that you and your baby deserve.

Why should I breastfeed my baby?
There are many reasons why choosing to breastfeed is a great choice for you and your baby:

- Provides ideal nutrition
- Reduces baby's risk of asthma, ear infections, type 2 diabetes, obesity, and more
- Helps new mother's return to a healthy weight
- Saves time and money

How would a lactation consultant benefit me?

- Lactation assistance and advice by trained professional
- Assessment of your baby's feeding and whether it's OK
- Support for mother and baby to start and continue breastfeeding
- Assistance in obtaining breastfeeding and learning how to use breastpump
- Support and instructions for mothers going back to school or work

Eisner Health infant feeding services lactation consultant hotline: (213) 905-2273
Virtual consults: Monday - Friday, (213) 747-5542, Ext. 3359
Saturday virtual and in-person visits: (213) 747-5542, Ext. 1154 or 1252

EISNER HEALTH

[eisnerhealth.org](https://www.eisnerhealth.org)
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[eisner_health](https://www.linkedin.com/company/eisner_health)

Thank you!

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Lactation Team:

Warmline: 213-905-2273

Email: prenatal.ed@eisnerhealth.org

Milk Depot/Pediatric213-



“Community –based interventions have shown significant access in improving breastfeeding outcomes”

“Integrate breastfeeding promotion, education and support throughout prenatal care”.

ABM Protocol #19